

Pediatric Urology Associates, Ltd.

& Pediatric Enuresis Center of Arizona

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POSTOPERATIVE INSTRUCTIONS AFTER PYELOPLASTY OR CORRECTION OF URETEROPELVIC JUNCTION OBSTRUCTION

Your child has had an operation to correct a blockage of the kidney. There will be a Foley catheter in the bladder and a Blake/JP drain on the side in case there is a leakage of urine. There may also be an indwelling catheter (stent) from the kidney to the bladder to allow the kidney to heal properly. The duration of hospitalization depends on the age of the child; usually, it will be 24 to 48 hours.

WHAT TO EXPECT: Initially, your child will be given intravenous fluids, pain medication, and antibiotics. On the first day after surgery, the catheter from the bladder will usually be removed. Your child will be sent home with the Blake/JP drain in place, which will be removed four to seven days later. The indwelling catheter from the kidney to the bladder will remain in for about six to eight weeks. Each day after surgery, you should see improvement in your child. Within a week, the child is essentially back to their normal self.

MEDICATIONS: On discharge from the hospital, you will be given a prescription for pain management to be given every 4-6 hours. An antibiotic will also be given to be taken several times a day for a few days and then will be changed to a low dose to be taken until the indwelling stent is removed. It is important for the antibiotic to be taken once a day as long as the stent is in place, because your child is predisposed to kidney infections.

BATHING: Your child may not bathe or be submerged in water until the drain is removed. You may only sponge bathe your child until the drain is removed. Your child may bathe normally 24 hours after the drain is removed.

ACTIVITIES: Limit your child's physical activities for two full weeks after the operation.

FOLLOW-UP: Follow-up appointments vary from child to child. Your doctor will discuss your child's specific follow-up needs with you after surgery.