

Pediatric Urology Associates, Ltd.

& Pediatric Enuresis Center of Arizona

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POSTOPERATIVE INSTRUCTIONS AFTER MEATOPLASTY

Your child had surgery today to correct meatal stenosis.

WHAT TO EXPECT: There are absorbable/dissolvable stitches around the urethral opening which will dissolve over the next few days. Beginning the day after surgery, gently squeeze open the meatus and apply Vaseline or Bacitracin twice daily for one week. This will help to keep the opening from scarring back down. There is generally minimal discomfort postoperatively. There may be some discomfort with urination (dysuria). This will usually resolve in a few days. There may be a little blood in the urine for a few days. This is normal.

PAIN MANAGEMENT: Plain Tylenol is usually adequate for pain control. You may be given a prescription for pain management that can be given for more severe pain.

BATHING: Your child may resume normal bathing the day after surgery.

DIET: Begin with clear liquids (water, apple juice). If this is well tolerated, you may begin their regular diet by the evening of surgery. Nausea and vomiting may occur after anesthesia. If this happens, do not feed your child for 1-2 hours. You may then begin clear liquids again.

ACTIVITIES: No restrictions.

FOLLOW-UP: Please call the office at 602-279-1697 and schedule a follow up appointment for 3 weeks after your child's surgery.