

Pediatric Urology Associates, Ltd.

& Pediatric Enuresis Center of Arizona

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POSTOPERATIVE INSTRUCTIONS AFTER REPAIR OF HERNIA OR HYDROCELE OR ORCHIOPEXY

CARE OF THE INCISION(S): If your child has had a hernia or hydrocele repair, there will be one incision. If he has had an orchiopexy there will also be a small incision on the scrotum. The groin incision will have a bandage glued on. You can remove the bandage on the groin in one week. Do not worry, the bandage comes off easily and you will not hurt anything. You may see blood under the groin dressing, this is normal. The sutures are inside. The scrotal incision will have antibiotic ointment or urethane glue on it. If your child has antibiotic ointment on the scrotal incision, then you will need to apply antibiotic ointment to this incision at home every eight hours until the stitches have dissolved. If your child has urethane glue on the scrotal incision, the urethane glue will fall off on its own.

PAIN MANAGEMENT: Plain Tylenol is usually adequate for pain control in the infant and toddler population. You will be given a prescription for pain management that can be given every 4 to 6 hours for more severe pain. Your child will usually require pain medication the first 48 hours after surgery, but it depends on the age of the child.

BATHING: Older children can usually shower the next day after surgery. If your child takes a tub bath, limit it to 5 to 10 minutes at a time for the first week after surgery.

DIET: Begin with clear liquids (water, apple juice). If this is well tolerated you may begin their regular diet by the evening of surgery. Nausea and vomiting may occur after anesthesia. If this happens, do not feed your child for 1-2 hours. You may then begin clear liquids again.

ACTIVITIES:

Hernia/Hydrocele: Your child may resume most of their normal activities.

Orchiopexy: He must limit tricycle or bicycle riding, jungle gym/playground equipment, straddle-ride-on toys, swimming or other significant physical activities for 3 to 4 weeks after surgery. Return to school or day care is dependent on the age of the child and the adequacy of supervision on their return.

FOLLOW-UP: Please call the office at 602-279-1697 and schedule a follow-up appointment for 3 weeks after your child's surgery.