

Pediatric Urology Associates, Ltd.

& Pediatric Enuresis Center of Arizona

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POSTOPERATIVE INSTRUCTIONS AFTER ENDOSCOPIC TREATMENT (DEFLUX INJECTION) FOR VESICoureTERAL REFLUX

Your child had surgery today to correct vesicoureteral reflux. Depending on the intra-operative findings, this may have been done on one or both sides.

WHAT TO EXPECT: There is generally minimal discomfort postoperatively. There may be some discomfort with urination (dysuria). This will usually resolve in a few days. There may be a little blood in the urine for a few days. This is normal.

PAIN MANAGEMENT: Plain Tylenol is usually adequate for pain control. You may be given a prescription for pain management that can be given for more severe pain.

BATHING: Your child may resume normal bathing the day after surgery.

DIET: Begin with clear liquids (water, apple juice). If this is well tolerated, you may begin their regular diet by the evening of surgery. Nausea and vomiting may occur after anesthesia. If this happens, do not feed your child for 1-2 hours. You may then begin clear liquids again.

ACTIVITIES: No restrictions.

FOLLOW-UP: We would like to see your child one to three months after surgery. We will do a renal ultrasound to check on the renal status and we will do a VCUG to check on the results of the anti-reflux (DEFLUX) surgery.