

Pediatric Urology Associates, Ltd.

& Pediatric Enuresis Center of Arizona

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POSTOPERATIVE INSTRUCTIONS AFTER CIRCUMCISION

PAIN: Plain Tylenol may be adequate for pain control in the infant and toddler population. We will give you a prescription for pain management to be given every 4 to 6 hours, as needed. You may give this to your child to control more severe pain.

CARE OF THE SURGICAL SITE: You may notice a small amount of blood on the diaper or underwear. This is normal. A dressing may be wrapped around the penis after surgery. You will be given specific directions from your doctor as to when to take the dressing off.

You will see swelling, and the penis may look red and puffy. If the foreskin was firmly attached, a green or yellow film (fibrinous exudate) will appear on the head of the penis. This is normal and will heal completely in a few weeks.

After the dressing is off, you must apply Vaseline or antibiotic ointment, (i.e. Bacitracin), to the wound with each diaper change, or 3-4 times per day (if your child is not in diapers). To apply the ointment, you may need to gently pull back the shaft skin so that the ridge of the head of the penis is visible. This promotes healing and prevents the shaft skin from reattaching to the head of the penis. If your child is in diapers, please change them frequently so as to keep them as dry as possible. A wet diaper is irritating to the wound.

BATHING: Older children may shower the day after surgery. If your child takes a tub bath, limit it to 5 to 10 minutes at a time for the first week after surgery.

DIET: Begin with clear liquids (water, apple juice). If this is well tolerated you may begin their regular diet by the evening of surgery. Nausea and vomiting may occur after anesthesia. If this happens, do not feed your child for 1-2 hours. You may then begin clear liquids again.

ACTIVITIES: He must limit tricycle or bicycle riding, jungle gym/playground equipment, straddle/ride-on toys, or swimming for two to three weeks. After that, he may resume normal activities. Returning to school or day care is dependent on the age of the child and the adequacy of supervision on their return.

FOLLOW UP APPOINTMENT: Please call the office at 602-279-1697 and schedule a follow up appointment for 3 weeks after your child's surgery.