

# Pediatric Urology Associates, Ltd.

## & Pediatric Enuresis Center of Arizona

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### POSTOPERATIVE INSTRUCTIONS AFTER REPAIR OF BURIED PENIS, CHORDEE, PENILE TORSION, PENOSCROTAL WEBBING OR FUSION, OR HYPOSPADIAS (WITHOUT A CATHETER)

**WHAT TO EXPECT:** After surgery, there tends to be a little bit of bleeding around the bandage and that is normal and to be expected. We recommend that you put your child in the bathtub on his 3<sup>rd</sup> day after surgery so the bandage can get wet and be easily removed. If you cannot easily remove the dressing, apply Baby Oil liberally to loosen the adhesive so you can remove the dressing. Once the bandage has been removed, then you need to apply Vaseline or Bacitracin on the penis every time you change the diaper, or 3 to 4 times a day (if your child is not in diapers), to prevent any attachment of the shaft skin to the head of the penis. You will need to pull back the shaft skin to see the ridge of the head of the penis. This promotes healing and prevents the shaft skin from reattaching to the head of the penis. You will see a lot of swelling. The penis will get red, look puffy, and there can be bleeding, which is absolutely normal and with time will resolve.

**PAIN MANAGEMENT:** We will give a prescription for pain management to be given to your child every 4 to 6 hours, as needed. After 24 to 48 hours, you can usually use plain Tylenol.

**BATHING:** Sponge bathe only for the first 2 days after surgery. Once the dressing has been removed, then your child may shower as normal. If your child takes a tub bath, limit it to 5 to 10 minutes at a time for the first week after surgery.

**DIET:** Begin with clear liquids (water, apple juice). If this is well tolerated you may begin their regular diet by the evening of surgery. Nausea and vomiting may occur after anesthesia. If this happens, do not feed your child for 1-2 hours. You may then begin clear liquids again.

**ACTIVITIES:** You must limit your child's tricycle or bicycle riding, jungle gym/playground equipment, straddle/ride-on toys, and swimming for two weeks. After that, he may resume normal activities. Returning to school or day care is dependent on the age of the child and the adequacy of supervision on their return.

**FOLLOW-UP:** Please call the office at 602-279-1697 and schedule a follow up appointment for 3 weeks after your child's surgery.